


Mon, Wed & Fri
9:25am - 10:30am
 Our exercise class is low impact led by MAC volunteers to fun music. Standing & chair exercises & light weights



Tuesdays @ 8:30am

Our Motto:
 "Eat Healthy, Lose Weight, Enjoy Life, Be Happy!"
 We offer fellowship, crafts, games, healthy choices, & community outreach.



January 8th
 Call office to sign up
 309-797-0789
 Foot Clinic fee



Refresher course
Feb 3rd
9-10:30am
No sign up required



2020 ANNUAL MEMBERSHIP DRIVE

DATE : FRI, FEBRUARY 7TH

Complimentary Continental Breakfast

TIME: 10AM - NOON

ALL MEMBERS WELCOME TO ATTEND

This is a annual event to promote the MAC and sign up new members. This is a perfect opportunity for those of you who have a membership up for renewal in January & February. Help promote the Center, bring a friend and show them where you spend your fun time and all that we have to offer.



CARD CLUBS

\$2 to play



PING PONG

2020 brings in 4 tables, this is how popular the sport has become here at the MAC. Men & women play daily around 1pm. Stop in and give it a try!

Participation is \$2.00

Membership is required after 2 visits



Lessons by **Mary Ann Robinson**

MONDAYS
10:30 - 11:30
Township Hall

\$2 Members
\$4 Non-members

Walk in's excepted
Please sign in with the office.

MONDAY	
Pinochle	12:30 - 3:30
Bridge	Noon - 3:30
TUESDAY	
500	12:30 - 3:30
Cribbage	1:00 - 3:45
WEDNESDAY	
Euchre	12:30 - 3:30
THURSDAY	
Bridge	Noon - 3:30
Bingo	1:00 - 3:00
FRIDAY	
Pinochle	12:30 - 3:30
	Dessert included



PARK VISTA!

For sponsoring the entertainment for our holiday luncheon on December 11th. Members were entertained with a "Blue Christmas" Elvis show by Mike Clardie, musician with Coupe DeVille Band.





The MAC has lost the following members:

Darwin Knudtson

~

Marie Kloster

~

Dorothy Stancil

~

All will be dearly missed by the MAC family



Enjoy an afternoon with the Fabulous Ones: John & Kay Retzl

January 15th
February 19th
12:30pm
\$2 Admission



The children who benefited from all the Hats, scarfs & mittens thank you very much! So proud of our MAC family for once again stepping up for a great cause and helping our community.

Chef's Corner - Food Coordinator, Laura Wakefield



WEEKLY FOOD EVENTS
Wednesdays at Noon
\$5 Meals

JANUARY MENU

- 1/1 - CLOSED
- 1/8 - Tacos
- 1/15 - Chicken Noodle Soup & Sloppy Joes
- 1/22 - Chicken & Rice
- 1/29 - Tomato Soup w/ Turkey Sandwich

FEBRUARY MENU

- 2/5 - Potato Soup
- 2/7 - Membership Drive Continental Breakfast Biscuits & Gravy 10am - Noon
- 2/12 - CLOSED
- 2/19 - Meat Loaf
- 2/26 - Mac & Cheese

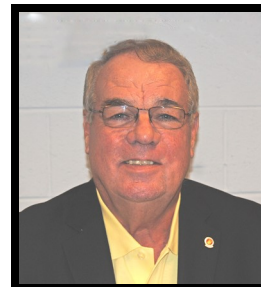
MOLINE TOWNSHIP ACTIVITY CENTER

The Messenger ~ Jan & Feb 2020

Business Hours: Mon - Fri ~ 9am - 4pm (309)-797-0789

The Art of Active Aging Starts Here!

From the desk of Supervisor Don Johnston



As we wrap up another successful year at the MAC and begin to start a new year, I want to take this opportunity to thank all the MAC volunteers who give so much throughout the year to make all our programs not only fun but profitable to our Center. Without all your support, we would not have a Center. THANK YOU! Also, thank you to the *Healthy Lifestyles*

group for, once again, providing all our Township Holiday Dinner guests with a goodie bag! You can't even imagine how much it means to them. Another big thank you goes to all the volunteers who help set up the room, serve the dinner and help with the clean-up. This also includes all our elected officials who help serve as well as bring donated gifts so our invited guests each receive a gift. As a side note - our gift supply is getting low. We are already looking to next year and want to continue to provide all invited guests with a gift. Sometimes, this is the only gift they receive. Donated gifts or gift certificates for next year will be welcome throughout the year.

HAVE A SAFE NEW YEAR'S!



HOLIDAY CLOSINGS

New Year's Eve
Mon - Dec 31st

New Year's Day
Tues - Jan 1st

Martin Luther King Day
Mon - Jan 20th

Lincolns Birthday
Wed - Feb 12th

Presidents Day
Mon - Feb 17th

The Messenger is brought to you by:

Moline Township Board

Don Johnston:
Supervisor

Bonnie Johnson:
Town Clerk

David Hendrickx:
Assessor

Trustees:

Mary Beth Loos

Harry Perez

Rand Wilson

Derek Devers