

### **EXERCISE**

Low Impact exercise program with chairs, weights & music.

Mon, Wed & Fri 9:30am

Leader, Mary Rivera



# Healthy Lifestyles

**Healthy Lifestyles** Weight Management Group

This group offers fellowship along with healthy life choices. Great group for socialization along with education on topics of interest.

Tuesdays - 8:30am - 10:30am

Sign up for Euchre is required Please No Walk-in's



Please cancel at your earliest convenience if signed 309-797-0789

# MAC CARD CLUBS

### **MONDAY**

 Mahjong
 12:30 - 3:00

 Pinochle
 12:30 - 3:30

 Hand & Foot
 1:00 - 3:00

 No charge

### **TUESDAY**

Cribbage 1:00 - 3:30 \$2 includes dessert

### WEDNESDAY

Euchre 12:30 - 3:30 \$2 includes dessert

#### **THURSDAY**

Mahjong 12:30 - 3:00 \$2 includes dessert

### FRIDAY

Pinochle 12:30 - 3:30 No charge

# Line Pancing



Lessons by Mary Ann Robinson

### **MONDAYS**

10:30 - 11:30 Johnston Hall

\$2 Members \$4 Non-members

This class is jump in and dance there are no beginner lessons.

### Moline Township



Join us in celebrating Moline Township's 50 years of service.

WHEN: Tues, November 4th TIME: 11AM - 1PM PLACE: Johnston Hall

Refreshments will be served while supplies last

Friday, November 21st 11AM - Dining Room - Refreshments



### \$10 - \$20 Limit - No used items

Each participant supplies one wrapped gift, usually of similar value. The gifts are placed in a central location, and participants determine in which order they will take turns selecting them. The first person opens a wrapped gift and their turn ends. On subsequent turns each person has the choice to either unwrap a new present or to steal another's. When a person's gift is stolen, that person can either choose another wrapped gift to open or can steal from another player. To avoid never -ending circles each gift can only be stolen twice per game. The game is over when everyone has a present.

## Cookie Walk

### Friday, December 5th 9am - 11am

- Homemade Holiday
- Cookies & Candies sold by the pound
- We need volunteers
- Sign up sheet in dining room.
- We need donated baked goods by Thurs. December 4th
- Please label what your baked goods are



### Wednesday, December 10th ~ Noon

- 10am Coffee in *Johnston Hall*
- 11am ~ Dining room seating
- Noon ~ Complimentary Turkey Lunch
- Win door prizes
- Piano playing by Augustana student ~ Nathan Acosta ~



Mon, November 10th & Wed, November 12th

Foot Clinic Fee \$35
Bring 1 towel
Appointment required
309-797-0789



Thank you to all who donated to Animal Aid The Critters are so Grateful.



Thank you Everyone!
Team MAC raised \$924



The MAC family has lost the following members:

Beryl Salmonson & Herbert Allen

## WELCOME TO THE MAC

### <u>September</u>

Gayle Lovejoy Vickie Scherer Larry Gasper Marcia Carver Dora Holland

### **October**

Elaine Foster



Member, *Pat Wendt* is asking for help on his crusade for mittens & hats for children ages 3-5 years old. All mittens will go to children in need at Jefferson Early Childhood Center in Moline & Project Now Head Start.

### LUNCH AT THE MAC ON WEDNESDAYS AT NOON



Members Only

WEEKLY LUNCHEONS HELD ON WEDNESDAYS \$6.00

### **NOVEMBER MENU**

11/5 - No Bucks Bonnie Pizza Sign up required

11/12 - Ham & Cheese Sliders & Soup

11/19 - Meat Loaf

11/26 - Chicken & Dumplings

### **DECEMBER MENU**

12/3 - Beer Breaded Cod

12/10 - MAC Holiday Turkey Luncheon Sign up required

12/17 - Spaghetti

12/31 - Italian Beef Sandwich

### MOLINE TOWNSHIP ACTIVITY CENTER

### The Messenger ~ Nov & Dec 2025

Business Hours: Mon - Fri ~ 8:30am - 4pm (309)-797-0789

The Art of Active Aging Starts Here!

### From the Desk of Supervisor Bonnie Johnson



Greetings MAC Friends,

Everyone was great with our altered parking situation in the Fall. As I write this, I have no updates on the parking lot but stay positive, we are looking into other alternatives.

November 4th we will be celebrating Moline Township's 50th Anniversary. This building went up through shared revenue in the early 70's as a Township and Senior Center. The

services provided by both ends has enhanced many lives, we hope to continue this journey for 50 more years. Join us in this celebration on Tuesday, November 4th in *Johnston Hall* for refreshments 11am - 1pm. Anyone is welcome to attend this celebratory event.

As inclement weather approaches and you have concerns about the building closing, we now have an automated message informing those who call the MAC.

I look forward to seeing you at the MAC annual holiday luncheon. Many blessings for the New Year!

Happy Holidays! Bonnie Johnson

### **HOLIDAY CLOSINGS**

NOVEMBER

Tues. Nov 11th - Veteran's Day

Thurs. Nov 27th & Fri. Nov 28th Thanksgiving Day & Day After

DECEMBER

Wed. Dec 24th Christmas Every Thurs. Dec 25th-Christmas Day

Thurs. Jan 1, 2026 New Year's Day

The Messenger is brought to you by: Roxann
Adamson, Director
&
Moline Township Board

### **Supervisor**

**Bonnie Johnson** 

### **Town Clerk**

Kandi Weatherington

#### Assessor

Derek Devers

### Trustees:

Rand Wilson
Staci Early
Matthew Hernandez
& Renae Zeitler