



EXERCISE
Great video and audio of Mary Rivera leading our low impact exercise Program.
Mon, Wed & Fri
9:30am



HEALTHY LIFESTYLES
Our Motto:
"Eat Healthy, Lose Weight, Enjoy Life, Be Happy!"
We offer fellowship, crafts, games, healthy choices, & community outreach.



Wed, Nov 10th
Call office to sign up
309-797-0789
Foot Clinic Fee \$30

Refresher Course

Mon - Nov 1st
9am - 10:30
No appointment needed



CARD CLUBS
\$2 to play

MONDAY	
Pinochle	12:30 - 3:30
Bridge	Noon - 3:30
TUESDAY	
Cribbage	1:00 - 3:30
WEDNESDAY	
Euchre	12:30 - 3:30
THURSDAY	
Bridge	Noon - 3:30
Bingo	1:00 - 3:00
FRIDAY	
Pinochle	12:30 - 3:30



PING PONG
4 state of the art tables
Men & women play Monday Wednesday & Friday around 1pm. Stop in and give it a try!
Participation is \$2.00
Membership is required after 2 visits



Lessons by Mary Ann Robinson
MONDAYS 10:30 - 11:30 Township Hall
\$2 Members \$4 Non-members
Walk-ins accepted Please sign in with the office.

CRUISE INTO FALL CONCERT 2021
RECAP

Food Sales	\$515.90 (Profit)
50/50	\$133.00
Gift Baskets	\$247.00
Outdoor drinks	\$ 18.25
Donations	\$ 20.00
Profit	\$934.15

THANK YOU TO THE FOLLOWING SPONSORS:

Entertainment Debbie Wolgast
Gift Baskets: Heritage Woods, Plus 60 Club, Fort Armstrong, Laura Wakefield & Judy Piper
Thank you to all of our **MAC volunteers** and our Food Coordinator, **Laura Wakefield** for the delicious food & desserts!
Gift Basket Drawings winners: *Peggy Helmers, Karen Krabbenhoft, Debbie Wolgast, Mary Maas & Rosecca Eastman.*
50/50 Winner, *Doris Gatton* \$93 winnings, thank you *Doris* for donating \$40 back to the Center.



Tuesday - Nov16th @1pm
Snacks provided by the MAC
\$5 - \$10 limit wrapped gift
Please no used items

Each participant supplies one wrapped gift, usually of similar value. The gifts are placed in a central location, and participants determine in which order they will take turns selecting them. The first person opens a wrapped gift, and the turn ends. On subsequent turns, each person has the choice to either unwrap a new present or to steal another's. When a person's gift is stolen, that person can either choose another wrapped gift to open or can steal from another player. To avoid never-ending circles, each gift can only be stolen twice per game. The game is over when everyone has a present. First player also can steal at the end if desired.



Member, **Pat Wendt** asked for help on his crusade for Mittens for Children ages 3-5 years old. All mittens will go to children in need at Jefferson Early Childhood Center in Moline & Project Now Head Start. Please help decorate our mitten tree with new or handmade mittens.

We will take gloves / mittens for grade school children scarves & hats too!



Cookie Walk

**FRIDAY, DECEMBER 3rd
9AM - NOON**

- ◆ **Homemade Holiday Cookies & Candies sold by the pound**
- ◆ **Seasonal crafts**
- ◆ **We need donated baked goods by Thursday, December 2nd**
(Please let the office know you're donating baked goods)
- ◆ **Please label your baked goods**
- ◆ **There will be a station in dining room with trays & supplies to place your items**
- ◆ **We need volunteers - Sign up sheet in dining room**

Chef's Corner - Food Coordinator, *Laura Wakefield*



**Members Only
WEEKLY FOOD
EVENTS HELD ON
WEDNESDAYS
\$6.00**

NOVEMBER MENU

- 11/3 - Chicken & Rice
- 11/10 - Chicken Noodle Soup
- 11/17 - Meat Loaf
- 11/24 - Ham, Potato, Corn Chowder

DECEMBER MENU

- 12/1 - Breakfast for Lunch
- 12/8 - Pizza Soup
- 12/15 - Meat Loaf
- 12/22 - Poor Man Stew
- 12/29 - No Meal

MOLINE TOWNSHIP ACTIVITY CENTER

The Messenger ~ Nov & Dec 2021
Business Hours: Mon - Fri ~ 8:30am - 4pm (309)-79 7-0789

The Art of Active Aging Starts Here!

From the Desk of Supervisor Bonnie Johnson



My name is Bonnie Johnson and I have been appointed by the Moline Township Board to serve out the remainder of Don's unexpired term as Supervisor. I have been affiliated with the MAC and Moline Township for the past 16 years as first a Moline Township Trustee and currently leaving my position as Moline Township Clerk to fill these big shoes. I will continue to work hard on my new role and serve the Moline Township community and our seniors to the best of my abilities.

I look forward to meeting all of you and getting acquainted. It is our hope to have a meet & greet in the near future. I understand a memorial in memory of Don Johnston is in the process of being created by Pool's Welding. Keeping this project local, Don was all about that. Your donations towards this memorial definitely reflects the caliber of person we lost.

As a team, we have decided it is in everyone's best interest not to host the MAC annual holiday luncheon. We feel there are too many uncertainties with this pandemic, I believe there is a season for everything and we will eventually get there.

Happy Holidays and stay safe!

Bonnie

HOLIDAY CLOSINGS

Veterans' Day
Thurs, Nov 11th

Thanksgiving

Thurs, Nov 25th
Fri, Nov 26th

Christmas Eve & Day

Thurs, Dec 23rd
Fri, Dec 24th

New Year's Eve & Day

Thurs, Dec 30th
Fri, Dec 31st

The Messenger is brought to you by:

Moline Township Board

Bonnie Johnson
Supervisor

Theresa Oak
Town Clerk

David Hendrickx
Assessor

Trustees:

Mary Beth Loos
Rand Wilson
Staci Early
Hayleigh Covella