



EXERCISE
Low Impact exercise program with chairs, weights & music.
Mon, Wed & Fri
9:30am
Leader, *Mary Rivera*



PING PONG
\$2 to participate
Monday
Wednesday
&
Friday
1pm - 3pm



Healthy Lifestyles
Weight Management Group

This group offers fellowship along with healthy life choices. Great group for socialization along with education on topics of interest.

Tuesdays - 8:30am - 10:30am



**Senior Olympic
Summer Games**
Friday, May 22nd - 9am

Newly added to the events roster 2026 will be
CRIBBAGE
Hosted by the MAC!
For participation and details, call Roxann
309-797-0789
Event coordinated by member *Debbie Wolgast*



Hosted by Augustana College
12 week Summer session
Tuesday & Thursday starting
June 9th
9am-10am

To Register
Call
**Kimberly
Murphy,
PH D.**
309-
794-3444

Manage arthritis, exercise safely, decrease joint pain & stiffness, improve daily function, reduce anxiety & depression and maintain an active lifestyle.

Sign up for
Euchre is
required
Please No
walk-in's



**MAC
CARD CLUBS**

Please cancel at
your earliest con-
venience if signed
up for Euchre
309-797-0789

Line Dancing



Lessons by
Mary Ann Robinson

MONDAYS
10:30 - 11:30
Johnston Hall

\$2 Members
\$4 Non-members

This class is jump in and dance there are no beginner lessons.

MONDAY
Mahjong 12:30 - 3:00
Pinochle 12:30 - 3:30
Hand & Foot 1:00 - 3:00
No charge

TUESDAY
Cribbage 1:00 - 3:30
\$2 includes dessert

WEDNESDAY
Euchre 12:30 - 3:30
\$2 includes dessert

THURSDAY
Mahjong 12:30 - 3:00
\$2 includes dessert

FRIDAY
Pinochle 12:30 - 3:30
No charge

CHAIR YOGA

FOR SENIORS*

*AND MORE

Starting Thursdays
June 4th
1:00pm - 1:30pm
Johnston Hall

Stephens Square
2026 "Free" Summer Concert
In the Park Series
620 18th St - Moline

Monday 6:30pm - 8:30pm

June 2nd	Hot Rods
June 9th	Crooked Cactus
June 16th	Tommy & the T-Bones
June 23rd	Incredible 45's
June 30th	Night People

July 7th	Gray Wolf
July 14th	Tommy Pickett & Friends
July 21st	Tail Fins

~ MENU ~

Brats, Hot Dogs, Sloppy Joes, Chips, Pie, Soda, Bottled Water & Coffee will be sold from 5:00 until sold out in our dining room.

Mon, May 11th
&
Wed, May 13th

Foot Clinic Fee \$35
Bring 1 towel
Appointment required

**UPCOMING
COMPUTER CLASSES**

Hosted by:
AmericanJobCenter

How to access the internet
and search safely
How to create & use email
5/21 - 10am - Noon

To register call Roxann
309-797-0789



Assessor Derek Devers, reminds us:

**Low Income Senior
Senior Citizen's Assessment Freeze**

Deadline July 1, 2026

1. Own and occupy your home as Your primary residence
2. Be at least 65 years of age or older (If you're going to be 65 this year, you should sign up before the deadline)
3. Have a HOUSEHOLD INCOME Lower than \$75,000

Please visit the assessment office for further information.

**WELCOME TO THE
MAC**

March

Roseann Lopez

April

Sylvia Ramos
Charles Mendez
Ron & Nancy Summers
Paul & Dawn Levesque
Steve Babeu



The MAC family has lost the following members:

*Christine Reyes
Lisa Mizeur*

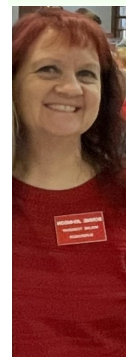
MOLINE TOWNSHIP ACTIVITY CENTER

The Messenger ~ May & June 2026

Business Hours: Mon - Fri ~ 8:30am - 4pm (309)-797-0789

The Art of Active Aging Starts Here!

**From the Desk of Supervisor
Bonnie Johnson**



Greetings Friends,

Many thanks to the members who helped to fill easter eggs. Our Easter Egg event was a success! Congratulations to MAC winners participating in the egg draw to win prizes. Congratulations to the members who won the Easter baskets, we are all kids at heart!



Diana Phipps



Rita Ramirez

The MAC Senior Resource Fair was a big success bringing in 40 vendors! You can view photos on the MAC Facebook.

Thank you **John Terry** for providing music / D.J. for the MAC Spring Fling in March & **Allure** for sponsoring the refreshments, all had a good time!

*Appreciate you,
Bonnie Johnson*

HOLIDAY CLOSINGS

**Monday, May 25th
Memorial Day**

**Friday, June 19th
Juneteenth**

The Messenger is brought to you by:

**Roxann Adamson,
Program Director
&**

Moline Township Board

Supervisor

Bonnie Johnson

Town Clerk

Kandi Weatherington

Assessor

Derek Devers

Trustees:

Rand Wilson

Staci Early

Matthew Hernandez

& Renae Zeitler

LUNCH AT THE MAC ON WEDNESDAYS AT NOON



Members Only

**WEEKLY
LUNCHEONS HELD
ON WEDNESDAYS
\$6.00**

MAY MENU

5/6 - Taco's & Mock Margarita's

5/13 - Chicken parmesan Casserole

5/20 - Grilled Hamburger & Sides

5/27 - Soup & Salad

JUNE MENU

6/3 - BBQ Pulled Pork Sandwich & Sides

6/10 - Meat Loaf

6/17 - Chicken Pot Pie

6/24 - BLT & Sides