



EXERCISE

Low Impact exercise program with chairs, weights & music.

Mon, Wed & Fri
9:30am

Leader, *Mary Rivera*



PING PONG

Three state of the art tables. Men & women play Monday, Wednesday & Friday around 1pm. Stop in and give it a try!

Participation is \$2.00
Membership is required after 2 visits



Healthy Lifestyles offers fellowship, crafts, games, healthy choices, community outreach and volunteering for the MAC. This is a group that supports each other to maintain a healthy lifestyle while navigating through life's challenges.



Lessons by
Mary Ann Robinson

MONDAYS
10:30 - 11:30
Johnston Hall

\$2 Members
\$4 Non-members

Walk-ins accepted
Please sign in with the office.

Wednesday, May 29th

1pm - 3pm

DESSERT

Johnston Hall

Entertainment provided by
The Wiersons
Father/Son Duo

Free admission, MAC members only but you may bring a guest.

Dessert served
No Charge

Please RSVP 797-0789



Free Lessons

By appointment only. For more details, please see Roxann.



Moline Township Activity Center
Bonnie Johnson, Supervisor
620 18th Street
Moline, IL 61265
(309)797-0789
Stephens Square

2024 "Free" Summer Concert
In the Park Series
Monday 6:30pm - 8:30pm

- June 3rd Gray Wolf
- June 10th Troy Rangel & Friends
- June 17th The Tailfins
- June 24th The Hotrods
- July 1st Donovan Band
- July 8th Tommy Pickett & Friends
- July 15th Code 415
- July 22th Night People

Free Dance Lessons by Cecil Roth
Month of May every Thurs. / Hall
Thurs. 1:00pm - Men's Class
Thurs. 2:15pm - Women's Class



\$2
Playing Fee

MONDAY & FRIDAY

Pinochle 12:30 - 3:30
Ping Pong 1:00 - 3:00

TUESDAY

Cribbage 1:00 - 3:30

WEDNESDAY

Euchre 12:30 - 3:30
Ping pong 1:00 - 3:00

THURSDAY

Mahjong 12:30 - 3:00
Bingo 1:00 - 3:00

FRIDAY

Pinochle 12:30 - 3:30
Ping Pong 1:00 - 3:00



Refresher Course

Mon - May 6th
9am - 10:30am
No appointment



Wed, May 8th
FULL

Foot Clinic Fee \$35
Bring 1 towel



The MAC family has lost the following member:

Kathryn Miller

From the *Optimist Club* for all the donated winter hats & etc. for the children and contributions for the cancer bank at the MAC, which goes directly to the families who have a child impacted with cancer.

Thank you

WELCOME TO THE MAC

March

- Kristan Harden
- Joan Mayo
- Fred Gibson
- Ester Gibson
- Ruth Pietrowicz
- Mitchell Dailey
- Gerri Bristow

April

- Barbara Michalek
- Doug Foster
- Mitch Gould
- Theresa Oak
- Imogene Jensen

MOLINE TOWNSHIP ACTIVITY CENTER

The Messenger ~ May & June 2024

Business Hours: Mon - Fri ~ 9am - 4pm (309)-797-0789

The Art of Active Aging Starts Here!

From the Desk of Supervisor Bonnie Johnson



Greetings MAC Friends,

March was a fun "Food" month with our annual St. Patrick's Luncheon with approximately 50 attendees enjoying this celebration. We had a lovely complimentary lunch on March 27th hosted by *Park Vista* & prepared by their chef.

Members were served by *Park Vista* staff as all pallets delighted in the amazing flavors of pineapple chicken breast, cheesy twice bake potato & cranberry coleslaw salad.

First time event for MAC members; embarks on Easter Egg Pick. participants had the opportunity to win gift cards, free membership, free lunch, free slice of pie at summer concerts just to name a few. This was well received and fun.

Our Senior Resource Fair on April 12th was a success, bringing in 32 vendors. As promised, I will continue to update on parking in and around our Township building. Things are still up in the air but I am trying my best in what has been a problem for years.

Bonnie Johnson

HOLIDAY CLOSINGS

Monday, May 27th
Memorial Day
Wednesday, June 19th
Juneteenth

The Messenger is brought to you by: *Roxann Adamson, Director & Moline Township Board*

Bonnie Johnson
Supervisor

Theresa Oak
Town Clerk

Derek Devers
Assessor

Trustees:

Mary Beth Loos
Rand Wilson
Staci Early
Hayleigh Covella

LUNCH AT THE MAC ON WEDNESDAYS AT NOON



Members Only

WEEKLY LUNCHEONS HELD ON WEDNESDAYS \$6.00

MAY MENU

- 5/1 - Taco's celebrating Cinco De Mayo
- 5/08 - Philly Cheese Steak Sandwich
- 5/15 - Fish / Cod
- 5/22 - Hamburger on the Grill
- 5/29 - Lasagna

JUNE MENU

- 6/5 - Egg Salad Sandwich
- 6/12 - Chicken Stir Fry
- 6/19 - CLOSED
- 6/26 - Meat Loaf