



**EXERCISE**

Low Impact exercise program with chairs, weights & music.

Mon, Wed & Fri  
9:30am

Leader, *Mary Rivera*



**Excellent Program for Socialization**

*Healthy Lifestyles* offers fellowship, crafts, games, healthy choices, community outreach and volunteering for the MAC. This is a group that supports each other to maintain a healthy lifestyle while navigating through life's challenges.



**Lessons by**  
*Mary Ann Robinson*

**MONDAYS**  
10:30 - 11:30  
Johnston Hall

**\$2 Members**  
**\$4 Non-members**

Walk-ins accepted



Led by member, Cecil Roth

**Wednesdays**  
12:30 - 1:00  
*Johnston Hall*

This is for members only at No Charge.

This is practice against the wall & foot work drills, practice dinking & volleying the ball.

Line dancing really helps with foot work.

Only 4 participants per session.

**MOLINE TOWNSHIP ACTIVITY CENTER UPCOMING EVENTS**



**MAC STYLE**

**WHEN:** *Wednesday May 3rd*

**TIME:** *Noon*  
*Pay in the office to receive food Ticket*

**Lunch:** *\$6 Taco basket*  
*Mock Margarita's*



**Thursday, June 1st**

*1pm - 3pm*  
*Johnston Hall*

*Hosted by Township Supervisor Bonnie Johnson*

*Enjoy a afternoon celebrating this combined Mother's / Fathers Day event*

*Please RSVP by May 19th*

*~Menu ~*

*Appetizers*

**Entertainment**  
*The Wiersons*  
*Father / Son*  
*Singing Dual*

**Moline Township Activity Center**  
**Bonnie Johnson, Supervisor**

620 18th Street  
Moline, IL 61265  
(309)797-0789

**2023 "Free" Summer Concerts in the Park Series**  
**Monday 6:30 PM - 8:30 PM**



- June 5th The Tailfins
- June 12th The Hotrods
- June 19th **Closed for Juneteenth**
- June 26th The Moonlighters
- July 3rd Night People
- July 10th Crooked Cactus
- July 17th Glory Days Garage Band
- July 24th Tommy Pickett & Friends
- July 31st Gray Wolf

Brats, Hot Dogs, Sloppy Joes, Chips, Dessert, Soda, Bottled Water, and Coffee will be sold from 5:00 PM until sold out in our Dining Room.

Bring a Lawn Chair or Blanket. Concerts in the Park are for all Ages.

If Weather is unfavorable, call 797-0789 for further info.

6:30 PM Popcorn, Soda, and Bottled Water Sold.

Parking available in Bethany's lot, old Dispatch lot @ 1720 5th Ave. Cross 6th Ave to enter park.

**ASSORTED CARDS & GAMES**

**\$2**  
**Playing Fee**

<b>MONDAY &amp; FRIDAY</b>	
Pinochle	12:30 - 3:30
Ping Pong	1:00 - 3:00
<b>TUESDAY</b>	
Cribbage	1:00 - 3:30
Scrabble	1:00 - 3:00
<b>WEDNESDAY</b>	
Euchre	12:30 - 3:30
Ping pong	1:00 - 3:00
<b>THURSDAY</b>	
Bridge	Noon - 3:30
Mahjong	12:30 - 3:00
Bingo	1:00 - 3:00
<b>FRIDAY</b>	
Pinochle	12:30 - 3:30
Ping Pong	1:00 - 3:00



**PING PONG**

Three state of the art tables Men & women play Monday Wednesday & Friday around 1pm. Stop in and give it a try!

Participation is \$2.00

Membership is required after 2 visits



Wed, May 10th

Sorry, this is full

Call office to make appointment

309-797-0789

Foot Clinic Fee \$35



The MAC has lost  
*Kent Jones*



**Refresher Course**

Mon - Aug 7th  
9am - 10:30am

No appointment needed

## WELCOME TO THE MAC 2023

### MARCH

Jeff & Suzy Bell  
Mindy Bowers  
Steve Glenn  
Floyd Creger  
Diane Kennedy  
Joyce Kirkpatrick  
Terri Tuttle  
Gloria Zentic

### APRIL

John Morrow  
David & Jilane Wubbena  
Joe & Linda Yoke  
George & Eva Bathje Jr.  
Glenda Brown  
Claudia Saddler  
Lottie Trudell, Patricia Peck,  
& Alan Carmen

## MOLINE TOWNSHIP ACTIVITY CENTER

# The Messenger ~ May & Jun 2023

Business Hours: Mon - Fri ~ 9am - 4pm (309)-797-0789

The Art of Active Aging Starts Here!

## From the Desk of Supervisor Bonnie Johnson



Township Easter Egg hunt was re-scheduled for April 15th due to weather, then it started raining just as the hunt was about to start. We could not catch a break, the kids who participated had a blast in the rain. They came inside and we had a small raffle drawing; seeing those children's faces with excitement of winning toys was priceless.

A big thank you to all the participating vendors at our Senior Resource Fair on April 21st. A special thank you to State Senator, Mike Halpin & Rep. Dan Swanson & Naomi Ballard for providing the awesome sign outside. We had a great turn out and great feed back from guests. Thank you to Western Illinois on Area Aging Agency for volunteering their time to hold another Matter of Balance session. This is such a great program and we are honored to be a host.

Summer concerts are around the corner. If you are interested in being a *Concerts in the Park* sponsor, please contact Roxann at 309-797-0789 for more details. Great opportunity to market your company or organization on our new digital outdoor sign.

Bonnie

### HOLIDAY CLOSINGS

Monday, May 29th

In observance of Memorial Day

Monday, June 19th

In observance of Juneteenth

The Messenger is brought to you by: *Roxann Adamson, Director*

& **Moline Township Board**

Bonnie Johnson  
Supervisor

Theresa Oak  
Town Clerk

Derek Devers  
Assessor

### Trustees:

Mary Beth Loos  
Rand Wilson

Staci Early  
Hayleigh Covella

## LUNCH AT THE MAC ON WEDNESDAYS AT NOON



Members Only

WEEKLY LUNCHEONS HELD ON WEDNESDAYS \$6.00

### MAY MENU

5/3 - Taco's

5/10 - Ham & Cheese Hashbrown Casserole

5/17 - Chicken Pot Pie

5/24 - Grilled Brat

5/31 - No Bucks Bonnie Lunch

### JUNE MENU

6/7 - Pulled Pork BBQ Sandwich

6/14 - Tater Tot Casserole

6/21 - Baked Potato Bar

6/28 - Shrimp Scampi w/ Linguini