

EXERCISE

Low Impact Exercise Program.

> Mon. Wed & Fri 9:30am

Leader, Mary Rivera



Our Motto: "Eat Healthy, Lose Weight, Enjoy Life, Be Happy"!

We offer fellowship, crafts, games, healthy choices, & community outreach.

Tuesdays @ 8:30am



Wed, May 11th Call office to sign up 309-797-0789 **Foot Clinic Fee** \$30

Refresher Course



Mon - May 2nd 9am - 10:30

No appointment needed



CARD CLUBS

\$2 to play

MONDAY Pinochle	12:30 - 3:30
TUESDAY Cribbage	1:00 - 3:30
WEDNESDA' Euchre	<u>Y</u> 12:30 - 3:30
THURSDAY Bingo	1:00 - 3:00
THURSDAY Bridge	Noon—3:30
FRIDAY Pinochle	12:30 - 3:30



PING PONG

Four state of the art tables Men & women play Monday Wednesday & Friday around 1pm. Stop in and give it a try!

Participation is \$2.00

Membership is required after 2 visits



Lessons by Mary Ann Robinson

MONDAYS 10:30 - 11:30 **Township Hall**

\$2 Members \$4 Non-members

Walk-ins accepted Please sign in with the office.



Hosted by Township Supervisor Bonnie Johnson

Enjoy a lovely complimentary luncheon to honor our mothers in the community. MAC members may bring a quest who is a mother as well.

> Friday, May 13th Serving at Noon Please RSVP by May 9th

> > Menu

Chicken Salad Sandwich, Sides and Dessert

Entertainment

You will be serenaded by a Local Capella group called The Davenport Chordbusters

Win door prizes

Guests who sign up for new membership day of event will receive 1/2 off



GRADES K-5

Online registration @ www.molinetownship.com

Bring Your Very Important Person"

Cost: \$40.00 (Per couple) Must be accompanied by an adult 18 years of age or older.

\$8.00 for each additional child

When: Tuesday, May 24th

For more information go to the above website or pick

up flyer in office





June 6th ~ Gray Wolf June 13th ~ Crooked Cactus

June 20th ~ CLOSED Juneteenth Holiday

June 27th ~ Hot Rods

July 4th ∼ CLOSED

July 11th ~ Night People July 18th ~ Troy Rangel & Friends

July 25th ~ North of 40

Aug 1st ~ River City 6 Aug 8th ~Tail Fins Aug 15th Rain Date

Please go to our website for flyer:

www.molinetownship.com



Hosted by Township Supervisor Bonnie Johnson

Enjoy a complimentary Mans Meal! Mac members feel free to bring a father friend as well.

Friday, June 17th @ Noon ~MENU~ Meat Loaf with sides

Please RSVP BY June 10th Sign up sheet in dining



The MAC family has lost

Harry Fink

& Peter Soble

Both will be dearly missed.



Jack Scott, winner of St. Patrick's best costume!

Lawn Mowing Services Call Jeff Miller @ 309-736-1176



Learn "Grounding" Techniques with Spiritualist, Billie Davids. Relaxing and pleasurable activities that decrease stress and anxiety. Please call office if Interested & receive more details.

Starting Thurs, May 19th @ 10am

Grief Counseling: Living with Loss

Kristine Dohrmann is a Bereavement Coordinator for Promedica and will be hosting classes 3rd Thursday of the month.

Chef's Corner - Food Coordinator, Laura Wakefield



Members Only
WEEKLY
LUNCHEONS HELD
ON WEDNESDAYS
\$6.00

MAY MENU

5/4 - No Meal / Cook on Vacation

5/11 - Tacos

5/18 - Sloppy Joe's

5/25 - Chicken & Broccoli Bake

JUNE MENU

6/1 - Egg or Tuna Salad Sandwich

6/8 - French Dip Sliders

6/15 - BBQ Chicken

6/22 - Spaghetti

6/29 - BLT'S

MOLINE TOWNSHIP ACTIVITY CENTER

The Messenger ~ May & June 2022

Business Hours: Mon - Fri ~ 9am - 4pm (309)-797-0789

The Art of Active Aging Starts Here!

From the Desk of Supervisor Bonnie Johnson



I would like to thank all that attended my Meet & Greet in March along with the St. Patrick's luncheon. It was a pleasure meeting new faces and getting better acquainted with MAC members and business partners in the community.

We had our first Easter Egg Hunt in April and this was quite a success. I would

like to thank Healthy Lifestyles and members who helped this event by filling over 800 eggs and 100 snack bags. I plan on making this an annual event open to the children in our community.

There will be a Mothers Day Luncheon for MAC members & seniors who are on our Township *Senior Food Program*. You are welcome to bring a guest who is a mother as well. Next up, I am hosting a Fathers Day Luncheon for MAC members. You are more than welcome to bring a guest to attend who is a father.

We will be having a rummage sale in the near future. We are accepting gently used houseware items, clothing, coats, etc. Please call 309-764-3558 prior to bringing items.

Thank you to all our sponsors supporting our summer concerts, bingo and other events. We truly are grateful for the support and partnerships.

Bonnie

HOLIDAY CLOSINGS

Monday, May 30th Memorial Day Monday, June 20th Juneteenth

The Messenger is brought to you by: Roxann Adamson, Director

Moline Township Board

Bonnie Johnson Supervisor

Theresa Oak
Town Clerk

Derek Devers Assessor

Trustees:

Mary Beth Loos Rand Wilson Staci Early Hayleigh Covella