



**EXERCISE**  
Low Impact exercise program with chairs, weights & music.  
Mon, Wed & Fri  
9:30am  
Leader, *Mary Rivera*



**PING PONG**  
\$2 to participate  
Monday  
Wednesday  
&  
Friday  
1pm - 3pm



*Healthy Lifestyles*  
*Weight Management Group*  
This group offers fellowship along with healthy life choices. Great group for socialization along with education on topics of interest.  
Tuesdays - 8:30am - 10:30am



**CHAIR YOGA**  
FOR SENIORS\*  
\*AND MORE  
**Due to a knee injury, Lynn will launch this event Thursday, June 4th**



**Spring Fling**  
Dance  
Sponsored By **ALLURE**  
OF MOLINE

*Friday, March 20th*  
*1pm - 3pm*  
*D.J. ~ Member, John Terry*  
*Will provide a variety of dance music*  
*Refreshments will be provided*  
*Open to members and a guest*

**Sign up for Euchre is required Please No walk-in's**



**Please cancel at your earliest convenience if signed up for Euchre 309-797-0789**

# Line Dancing



Lessons by *Mary Ann Robinson*

**MONDAYS**  
10:30 - 11:30  
Johnston Hall

\$2 Members  
\$4 Non-members

This class is jump in and dance there are no beginner lessons.



**St. Patrick's Day Luncheon**  
*It Will Be Magically Delicious!*  
Sign Up Required  
Wednesday, March 11th  
Time: Noon  
**Cost: \$10**  
**Due day of event**  
*MENU*  
*Corn Beef & Cabbage with all the fixings & Dessert*

**MONDAY**  
Mahjong 12:30 - 3:00  
Pinochle 12:30 - 3:30  
Hand & Foot 1:00 - 3:00  
No charge  
**TUESDAY**  
Cribbage 1:00 - 3:30  
\$2 includes dessert

**WEDNESDAY**  
Euchre 12:30 - 3:30  
\$2 includes dessert  
**THURSDAY**  
Mahjong 12:30 - 3:00  
\$2 includes dessert  
**FRIDAY**  
Pinochle 12:30 - 3:30  
No charge



**SENIOR RESOURCE FAIR**  
Friday, April 10th  
9am - 11am  
Moline Township Activity Center  
620 18th St - Moline  
No Admission Fee  
One stop shop for various programs & resources for seniors in our community  
*Light Refreshments*  
*Door Prizes*



Mon, March 9th  
&  
Wed, March 11th

Foot Clinic Fee \$35  
Bring 1 towel  
Appointment required

### UPCOMING COMPUTER CLASSES

Hosted by: AmericanJobCenter

- How to access the internet
- How to use a mouse
- How to search internet safely
- How to create & use email
- How to navigate the file system

4/16 - 1pm - 3pm or 5/21 - 10am - Noon

To register call Roxann 309-797-0789



The MAC family has lost the following members:

- Marilyn VanDeMoortel
- Bev Clark
- Marion Kent 105yrs
- Elisa Pizano

### WELCOME TO THE

#### January

- Chuck Lowe
- Leslie Huggins
- Anna Wright
- Mike Condon
- Jacob Campbell
- John & Doris Gatton

#### February

- Doug & Diane Wood
- Leona Vanearwage
- Bill Norman



May 22nd @9am card room

Newly added to the events will be Cribbage! We proudly will be hosting this event here at the MAC! Coordinated by Debbie Wolgast For more details see Roxann

## LUNCH AT THE MAC ON WEDNESDAYS AT NOON



Members Only

WEEKLY  
LUNCHEONS HELD  
ON WEDNESDAYS  
\$6.00

#### MARCH MENU

- 3/4 - Bake Potato Soup W/ Crab Cake
- 3/11 - St. Patty's Luncheon ~ Corned Beef & Cabbage Sign up required
- 3/18 - Chicken & Hash Brown Casserole
- 3/25 - Goulash

#### APRIL MENU

- 4/1 - Beer Battered Cod
- 4/8 - Chip Beef & Gravy Over Biscuits
- 4/15 - Ham, Green Beans & Potato Casserole
- 4/22 - Tuna & Noodle
- 4/30 - Turkey & Cheese Sub Sandwich

### MOLINE TOWNSHIP ACTIVITY CENTER

*The Messenger ~ Mar & Apr 2026*  
Business Hours: Mon - Fri ~ 8:30am - 4pm (309)-797-0789

The Art of Active Aging Starts Here!

## From the Desk of Supervisor Bonnie Johnson



Greetings Friends,

**MAC EASTER EGG FUN**  
March 30th - April 2nd



Week of Easter, stop in Roxann's office, pick an egg, open to see the prize. You have one chance to trade for another egg or trade with another member.

I would like to inform you of the direction the Township is going towards rectifying our parking issues.

Development of a new parking lot within the city code will be costly. We are in the process of looking at properties that will have ample parking and benefit the township and the senior center.

Please keep in mind the caliber of this type of purchase has to go before the Moline Township Board of Trustees for consideration. This whole process can take time.

We are optimistic that the right property will present itself for either parking or a new a building.

*Appreciate you, Bonnie Johnson*

#### HOLIDAY CLOSINGS

Friday, April 3rd  
Good Friday

#### From The Desk of Roxann

Thank you members for thinking of me.

This very much touched my heart



The Messenger is brought to you by: **Roxann**

**Adamson,**  
Program Director  
&

**Moline Township Board**

**Supervisor**

Bonnie Johnson

**Town Clerk**

Kandi Weatherington

**Assessor**

Derek Devers

**Trustees:**

Rand Wilson

Staci Early

Matthew Hernandez

& Renae Zeitler