



EXERCISE

Low Impact exercise program with chairs, weights & music.

Mon, Wed & Fri
9:30am

Leader, *Mary Rivera*



PING PONG

Three state of the art tables. Men & women play Monday, Wednesday & Friday around 1pm. Stop in and give it a try!

Participation is \$2.00
Membership is required after 2 visits



Healthy Lifestyles offers fellowship, crafts, games, healthy choices, community outreach and volunteering for the MAC. This is a group that supports each other to maintain a healthy lifestyle while navigating through life's challenges.



Lessons by
Mary Ann Robinson

MONDAYS
10:30 - 11:30
Johnston Hall

\$2 Members
\$4 Non-members

Walk-ins accepted
Please sign in with the office.



FREE Blood Pressure Checks
Wed, March 5th
10am - 11am



It Will Be Magically Delicious!
Wednesday, Mar 12th
Time: Noon
Cost: \$10

MENU
Corn beef & cabbage with all the fixings & dessert
Payment due on day of luncheon



Wed, March 19th

MAC members, know all about the red ticket for lunch! We have partnered with *Allure of Moline* and going to have a Meet & Greet / complimentary lunch. *Allure* is catering in spaghetti from Grinders.

This is a required sign up lunch, sorry, no walk-ins.

Deadline to sign up: Friday, Mar 7th



WHEN:
Friday, April 11th

TIME: 9am - 11am

WHERE:
Moline Township Activity Center
620 18th St - Moline

No Admission Fee

One stop shop for various programs & resources for seniors in our community

Light Refreshments
Door Prizes

For vendor participation call 309-797-0789
Space is limited



\$2
Playing Fee

MONDAY & FRIDAY

Pinochle 12:30 - 3:30
Hand & Foot 1:00
Ping Pong 1:00 - 3:00

TUESDAY

Cribbage 1:00 - 3:30

WEDNESDAY

Euchre 12:30 - 3:30
 Ping pong 1:00 - 3:00

THURSDAY

Mahjong 12:30 - 3:00
 Bingo 1:00 - 3:00

FRIDAY

Pinochle 12:30 - 3:30
Ping Pong 1:00 - 3:00

MAC Easter Egg Fun!

Hosted by Supervisor, Bonnie Johnson

Week of Easter, stop in Roxann's office, pick an egg, open to see the prize.



You have one chance to trade for another egg or trade with another member.

WELCOME TO THE MAC

January

- Kathy Schradeya
- Rosemary Hensley
- Linda Jump
- Kathy Johnson
- Linda Jagers
- Nance McKinnon
- Wanda White
- Joetta Carey
- Diane Wiewel
- Diana Crayne
- Pay Hynes

February

- Sherry Asplund
- Phil Vanearwage
- Elaine Boyer
- Maria Castellamos
- Joel & Fran Buller



Valentine Dance

Thank you to those who attended, it was a really nice afternoon. Thank you *Allure* for the amazing Charcuterie board!



Wed, March 12th

Foot Clinic Fee \$35
Bring 1 towel

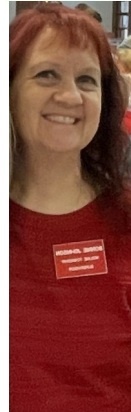


MOLINE TOWNSHIP ACTIVITY CENTER

The Messenger ~ Mar & Apr 2025
Business Hours: Mon - Fri ~ 8:30am - 4pm (309)-797-0789

The Art of Active Aging Starts Here!

From the Desk of Supervisor Bonnie Johnson



Greetings MAC Friends,

Membership sure did pick up for being January, 11 new memberships! The word is out how awesome the MAC is and what it does for so many of you. February brought a Valentine dance that was well received and a nice performance by Jim Ryan. Special shout out to *Allure of Moline* for providing the beautiful refreshments.

Spring brings a "New Season", I just want to thank all the amazing members at the MAC and let you know how much I appreciate all of you. I really enjoy my role here as Township Supervisor. I enjoy implementing new programs for our seniors and the youth in our township. Moline Township is partnering with the Moline Parks & Rec Department. Our vision is to work together and establish opportunities for our youth and seniors.

We will continue to work on a resolution for parking, we will update you as things progress. Thank you for your patience.

Blessings
Bonnie Johnson

HOLIDAY CLOSINGS

Friday, April 18th
Good Friday

The Messenger is brought to you by: *Roxann Adamson, Director & Moline Township Board*

Bonnie Johnson
Supervisor

Theresa Oak
Town Clerk

Derek Devers
Assessor

Trustees:

- Mary Beth Loos
- Rand Wilson
- Staci Early
- Hayleigh Covella

LUNCH AT THE MAC ON WEDNESDAYS AT NOON



Members Only
WEEKLY LUNCHEONS HELD ON WEDNESDAYS \$6.00

MARCH MENU

3/5 - Tuna Salad
Croissant & Side

3/12 - St. Patty's Corn
Beef & Cabbage
Sign up only \$10

3/19 - Grinder's Spaghetti
Sponsored by *Allure*
Signed up Only

3/26 - Chicken & Dumplings

APRIL MENU

4/2 - Ham & Cheese Slider, Chips & Pickle

4/9 - Meat Loaf

4/16- Bake Potato Bar

4/23 - Goulash

4/30 - Italian Beef Sandwich