



**EXERCISE**

Low Impact exercise program with chairs, weights & music.

Mon, Wed & Fri  
9:30am

Leader, *Mary Rivera*



**PING PONG**  
\$2 to participate  
Monday  
Wednesday  
&  
Friday  
1pm - 3pm



*Healthy Lifestyles*  
Weight Management Group

This group offers fellowship along with healthy life choices. Great group for socialization along with education on topics of interest.

Tuesdays - 8:30am - 10:30am

*Stephens Square*  
2026 "Free" Summer Concert  
In the Park Series  
620 18th St - Moline  
Monday 6:30pm - 8:30pm

July	6th	The Hotrods
July	13th	The Incredible 45's
July	20th	The Tailfins
July	27th	Gray Wolf
August	3rd	Night People

~ MENU ~  
Brats, Hot Dogs, Sloppy Joes, Chips, Pie, Soda, Bottled Water & Coffee will be sold from 5:00 until sold out in our dining room.

**Bring a lawn chair or blanket.**  
Concerts in the Park are for all ages.



**THE AREA TOWNSHIPS  
PRESENT**

**Celebrating an Old  
Fashioned Picnic to**

**Celebrate 250 Years of America**

*Open to the public for all ages*

**WHEN:** Thursday, July 2nd  
**TIME:** 11AM—2PM  
**WHERE:** Moline Township &  
Moline Activity Center  
620 18th St - Moline, IL 61265

**Complimentary food &  
beverages will be available,  
along with music and games  
for all.**

*All activities will be canceled at the  
MAC*



**MAC  
CARD CLUBS**

**Sign up for  
Euchre is  
required  
Please No  
walk-in's**

**Please cancel at  
your earliest con-  
venience if signed  
up for Euchre  
309-797-0789**

**MONDAY**  
Mahjong 12:30 - 3:00  
Hand & Foot 1:00 - 3:00  
No charge

**TUESDAY**  
Cribbage 1:00 - 3:30  
\$2 includes dessert

**WEDNESDAY**  
Euchre 12:30 - 3:30  
\$2 includes dessert

**THURSDAY**  
Mahjong 12:30 - 3:00  
\$2 includes dessert

**FRIDAY**  
Pinochle 12:30 - 3:30  
No charge

**Line Dancing**



Lessons by  
*Mary Ann Robinson*

**MONDAYS**  
10:30 - 11:30  
Johnston Hall

\$2 Members  
\$4 Non-members

This class is jump in and dance  
there are no beginner lessons.



**VOTE FOR  
THE MAC!**

**July 14th -  
August 2nd**

This may be premature, hopefully we will be nominated. If so, go to the following link:  
**go-qctimes.com/bestof26**  
Go to senior living, scroll to the bottom and look for Moline Township Activity Center.



## WELCOME TO THE

Wed, July 8th  
&  
Mon, July 13th

Foot Clinic Fee \$35  
Bring 1 towel  
Appointment required

### May

Karen Martin  
Dawn Tidwell  
Julie Holt  
Lori Vanderlinden  
Laurie Zahn  
Chris Hansen  
Kathie Aldene

### June

Maria Raya  
Sandy Simoens  
Terry Crouch



The MAC family has lost the following members:

*Victoria Gonzolez  
Lisa Mizeur*



### Summer Games – Senior Olympics

Debbie Wolgast did a fabulous job orchestrating cribbage into the Summer Games curriculum! The MAC hosted 18 participants.

Gold - Dennis Basala ~ Silver - Ron Sheedy ~  
Bronze - Terry Sheedy

**MOLINE TOWNSHIP ACTIVITY CENTER**

# The Messenger ~ July & August 2026

Business Hours: Mon - Fri ~ 8:30am - 4pm (309)-797-0789

The Art of Active Aging Starts Here!

## From the Desk of Supervisor Bonnie Johnson



Greetings Friends,

In celebration of America's 250th Birthday, several Townships have partnered together to host a patriotic luncheon here at Moline Township and MAC. This event is open to the public on Thursday, July 2nd from 11am to 2pm. Enjoy a complimentary picnic

hotdog lunch along with games/activities. This event is for all ages. We will have printed flyers to hand out with all the details. I would like to acknowledge the following Townships for their participation:

Moline Township, Rock Island & South Rock Island Township, South Moline Township, Hampton Township & Blackhawk Township.

Moline Township is in collaboration with the City of Moline with the parking issues. The City has some great ideas for additional parking. We will update you with more details at a later time.

Don't forget to vote for the MAC for best of the Quad Cities 2026 - Best Senior Center category.

*Appreciate you,  
Bonnie Johnson*

**CLOSINGS:**  
Friday, July 3rd

**In Observance of  
Independence Day**

The Messenger is brought to you by:

**Roxann Adamson,  
Program Director  
&**

**Moline Township Board**

**Supervisor**

Bonnie Johnson

**Town Clerk**

Kandi Weatherington

**Assessor**

Derek Devers

**Trustees:**

Rand Wilson

Staci Early

Matthew Hernandez

& Renae Zeitler

## LUNCH AT THE MAC ON WEDNESDAYS AT NOON



**Members Only**

**WEEKLY  
LUNCHEONS HELD  
ON WEDNESDAYS  
\$6.00**

### July MENU

7/1 - Sam's Pizza  
No Bucks Bonnie

7/8 - Baked Pasta  
Meatball Casserole

7/15 - Complimentary  
Chicken & sides  
Sponsored by: Oak  
Street Health

7/22 - Burrito Bake

7/29 - Ham & Cheese  
Sliders & Sides

### August MENU

8/5 - Chicken Caesar  
Wrap

8/12 - Ruban Bake  
Casserole

8/19 - Beer Battered Cod

8/26 - Shredded Steak  
& Cheese Chimichangas