



EXERCISE

Low Impact exercise program with chairs, weights & music.

Mon, Wed & Fri  
9:30am

Leader, *Mary Rivera*



PING PONG


\$2 to participate

Monday's  
Wednesday's  
&  
Friday

1pm - 3pm



*Healthy Lifestyles* offers fellowship, crafts, games, healthy choices, community outreach and volunteering for the MAC. This is a group that supports each other to maintain a healthy lifestyle while navigating through life's challenges.



LESSONS

By  
*Allen Holdsworth*

Thank you Allen! This was very well received by the participants who had a fun time learning tricks & humor at the same time.



Sign up for Euchre is required  
Please No walk-in's



MAC Card Clubs

Please cancel at your earliest convenience if signed up for Euchre



Lessons by  
*Mary Ann Robinson*

MONDAYS  
10:30 - 11:30  
Johnston Hall

\$2 Members  
\$4 Non-members

Walk-ins accepted  
Please sign in with the office.



*Charter Senior living* hosted a Bingo Night on June 20th.

The MAC donated a 3 piece purse set towards the 50/50 Raffle. All proceeds from this event will benefit the Alzheimer's Association.

*Stephens Square*

2025 "Free" Summer Concert In the Park Series

620 18th St - Moline

Monday 6:30pm - 8:30pm

July	7th	Gray Wolf
July	14th	Tommy Pickett & Friends
July	21st	Tail Fins
July	28th	Tommy & the T-Bones
August	4th	The Incredible 45's

~ MENU ~

Brats, hot dogs, Sloppy Joes, chips, pie, soda, bottled water & coffee will be sold from 5:00 until sold out in our dining room.

Bring a lawn chair or blanket.  
Concerts in the Park are for all ages.

<u>MONDAY</u>		
Mahjong	12:30 - 3:00	
Pinochle	12:30 - 3:30	
Hand & Foot	1:00 - 3:00	
No charge		
<u>TUESDAY</u>		
Cribbage	1:00 - 3:30	
\$2 includes dessert		
<u>WEDNESDAY</u>		
Euchre	12:30 - 3:30	
\$2 includes dessert		
<u>THURSDAY</u>		
Mahjong	12:30 - 3:00	
\$2 includes dessert		
<u>FRIDAY</u>		
Pinochle	12:30 - 3:30	
No charge		



Wed, July 9th  
&  
Mon, July 14th

Foot Clinic Fee \$35  
Bring 1 towel

Toe nails cut  
Full pedicure minus  
polish

Open to the public for  
men & women



The MAC family has  
lost the following  
members:

*Dan McCormick*  
&  
*Fred Gibson*

**WELCOME TO  
THE MAC**

May

Vickie Gonzalez  
Gay Hull  
Jerry Sierra  
Linda McGraw  
Dick Neubauer

June

Tammara Loose  
Delores Henderson  
Aaron Gillespie  
Gary Skiles  
Rocky Laird  
Doc Yazeji

**LUNCH AT THE MAC ON WEDNESDAYS AT NOON**



Members Only

**WEEKLY  
LUNCHEONS HELD  
ON WEDNESDAYS  
\$6.00**

**JULY MENU**

7/2 - 4TH of July Picnic  
Johnston Hall / No Charge  
Celebrate America  
11am - 1pm while  
supplies last

7/9 - Chicken Cordon Bleu

7/16 - Sub Sandwich &  
Sides

7/23 - Veggie Pot Stickers

7/30 - No Bucks Bonnie  
Lunch ~ Pizza

**AUGUST MENU**

8/6 - Cod  
Lemon Pasta & Biscuit  
Steamed Carrots

8/13 - Meat Loaf, Mash  
Potatoes, Corn & Roll

8/20 - Chicken Enchilada  
Soup & Corn Bread


8/27 - Country Style Ribs

**MOLINE TOWNSHIP ACTIVITY CENTER**

*The Messenger ~ July & August 2025*  
*Business Hours: Mon - Fri ~ 8:30am - 4pm (309)-797-0789*

**The Art of Active Aging Starts Here!**

**From the Desk of Supervisor  
Bonnie Johnson**



Greetings MAC Friends,

Been a bit of a rocky start with Summer Concerts and the weather, we have currently had to cancel two concerts due to weather. They will be tagged on the end of our series, now going into August.

Please join us for a *Celebration of America* open to all MAC members & the public.

**HOLIDAY CLOSINGS**

Friday, July 4th  
**Independence Day**



The Messenger is brought  
to you by: **Roxann  
Adamson, Director**  
&  
**Moline Township Board**

**Supervisor**  
Bonnie Johnson

**Town Clerk**  
Kandi Weatherington

**Assessor**  
Derek Devers

**Trustees:**  
Rand Wilson  
Staci Early  
Renae Zeitler &  
Matthew Hernandez

This will take place of the MAC luncheon and will be held,  
Wednesday, July 2nd from 11am - 1pm in Johnston Hall.  
Enjoy the traditional 4th of July favorites at no cost.  
*Hamburgers, Hotdogs, Bake Beans, Chips & Drink*  
*While supplies last*

Our country could really use some T.L.C. in these trying days. It is our patriotic duty to stand behind this holiday in celebration of our forefathers who had the foresight for our freedoms & liberties. We must stay positive and united.

*God Bless America*  
**Bonnie Johnson**