

EXERCISE Leader *Mary Rivera* returning!

Exercise held In Township Hall Mon, Wed & Fri 9:30am

Effective July 2nd



Our Motto: "Eat Healthy, Lose Weight, Enjoy Life, Be Happy"!

We offer fellowship, crafts, games, healthy choices, & community outreach.



July 14th Call office to sign up 309-797-0789 Foot Clinic Fee \$30

Refresher Course



Mon - Aug 2nd 9am - 10:30

No appointment needed



CARD CLUBS

\$2 to play

	12:30 - 3:30 Noon - 3:30
TUESDAY Cribbage WEDNESDA	1:00 - 3:30
	12:30 - 3:30
THURSDAY Bridge Bingo	Noon - 3:30 1:00 - 3:00
FRIDAY Pinochle	12:30 - 3:30



PING PONG

4 state of the art tables Men & women play Monday Wednesday & Friday around 1pm. Stop in and give it a try!

Participation is \$2.00

Membership is required after 2 visits



Lessons by Mary Ann Robinson

MONDAYS 10:30 - 11:30 Township Hall

\$2 Members \$4 Non-members

Walk-ins accepted Please sign in with the office.



WHEN: Wednesday July 7th

TIME: Noon (Pay @ the Door to receive food

Ticket)

Lunch: \$6 ~ Pork Medallions

Wrapped in Bacon, Bake Beans & Potato

Salad

FOR: Members only ~

Membership must be

Current

Entertainment: Elvis Show Featuring, *Michael Clardie*

Township Hall

TIME: 11am - 11:30am

Enjoy music, food & fun! This is a private event, only for MAC members or members attending with caregiver.

Thank you **Debbie Wolgast** for sponsoring "Elvis"



2021 "Free" Summer Concert In the Park Series

620 18th St Moline, IL 61265 (309)797-0789 Stephens Square

Monday 6:30pm - 8:30pm

July 12th Troy Rangel & Friends July 19th Hot Rods

July 26th North of 40

Aug 2nd Tail Fins Aug 9th Gray Wolf

DO NOT PARK IN RE-SERVE SPACES IN BETHANY'S PARKING LOT. YOU WILL BE TOWED



Sold at 5pm until sold out!



Will be hosting the following programs

Tuesday, July 20th ~ 10am

Downsize & Declutter

Tuesday, August 17th ~ 10am Fraud Prevention



The MAC has lost the following member: **Margaret Wilhouse**



Member, Lorena Runyan is an avid euchre player and celebrates quite the milestone with friends after cards.

Congratulations Lorena!



Free pizza lunch hosted by Ali Lund w/ Heritage Woods



IN NEED OF A HELP-ING HAND AT HOME?

Member, Jan Miller can assist w / light housekeeping, grocery shopping or transportation to appointments.

Reasonable Rates For further information call Jan @ 309-736-1176

Chef's Corner - Food Coordinator, Laura Wakefield



Members Only
WEEKLY FOOD
EVENTS HELD ON
WEDNESDAYS
\$6.00

JULY MENU

7/7 - 4th of July Picnic
Bacon Wrap Pork
Medallions, Potato Salad &
Bake Beans

7/14 - Club Sandwich

7/21 - Chicken Enchilada & 1 taco

7/28 - Breakfast Casserole W / Ham

AUGUST MENU

8/4 - Hamburgers

8/11 - BLT Wrap

8/18 - Chicken Salad Sandwich

8/25 - Mash Potatoes w/Hamburger & Gravy

MOLINE TOWNSHIP ACTIVITY CENTER

The Messenger ~ Jul & Aug 2021

Business Hours: Mon - Fri ~ 8:30am - 4pm (309)-797-0789

The Art of Active Aging Starts Here!

From the desk of Supervisor Don Johnston



Hello Folks,

I would like to thank Heritage Woods of Moline for sponsorship towards the food for our May Cinco De Mayo! Heritage did not stop there, May 21st Ali Lund with Heritage Woods, provided a free pizza luncheon for our mem-

bers. Thank you for your generous acts of kindness.

The MAC has such an amazing group of supporters which enables us to do all the fun events and programs offered to our members and community.

Thank you for your patience with the parking situation due to construction on 18th Street. The city did a quick job getting things done especially before summer concerts. The grass area along the curb, in front of Township, has been cemented in for your walking safety.

Have a wonderful beginning to the summer months ahead!

Best Regards,

Don

CLOSINGS

Monday, July 5th 4th of July

The Messenger is brought to you by:

Moline Township Board

Don Johnston: Supervisor

Bonnie Johnson: Town Clerk

David Hendrickx: Assessor

Trustees:

Mary Beth Loos Rand Wilson Staci Early Hayleigh Covella