



**EXERCISE**

Great video and audio of Mary Rivera leading our low impact exercise Program.

Mon, Wed & Fri  
9:30am



**Our Motto:**  
“Eat Healthy, Lose Weight, Enjoy Life, Be Happy”!

We offer fellowship, crafts, games, healthy choices, & community outreach.



**Wed, Jan 12th**  
Call office to sign up  
**309-797-0789**  
**Foot Clinic Fee \$30**

**Refresher Course**



**Mon - Feb 7th**  
**9am - 10:30**

No appointment needed



**CARD CLUBS**

**\$2 to play**

|                  |              |
|------------------|--------------|
| <b>MONDAY</b>    |              |
| Pinochle         | 12:30 - 3:30 |
| Bridge           | Noon - 3:30  |
| <b>TUESDAY</b>   |              |
| Cribbage         | 1:00 - 3:30  |
| <b>WEDNESDAY</b> |              |
| Euchre           | 12:30 - 3:30 |
| <b>THURSDAY</b>  |              |
| Bridge           | Noon - 3:30  |
| Bingo            | 1:00 - 3:00  |
| <b>FRIDAY</b>    |              |
| Pinochle         | 12:30 - 3:30 |



**PING PONG**

4 state of the art tables  
Men & women play Monday Wednesday & Friday around 1pm. Stop in and give it a try!

Participation is \$2.00

Membership is required after 2 visits



**Lessons by Mary Ann Robinson**

**MONDAYS**  
**10:30 - 11:30**  
**Township Hall**

**\$2 Members**  
**\$4 Non-members**

**Walk-ins accepted**  
**Please sign in with the office.**



This event was well received and those who attended requested we do again 2022.



Participants enjoyed Little Bobbies from Caporatti's, along with snacks provided by: Park Vista and Heritage Woods



**STATS**

Wow.... This event was a success thanks to all our bakers & volunteers.

Bake good sales  
\$560.00

Crafts  
\$56.00



Randi Everett, Clarice Wunderlich, Diana Meersman, Pat Hansen & Shirley Reid



Yours truly,  
Debbie Wolgast



LAURA'S



The MAC family lost Shirley Winthurst December 3, 2021. She will be dearly missed.



To all the members who gave us a most generous holiday gift, Thank You!

We were very touched.

Roxann & Laura



Thank you all for the abundance of donations for the mitten tree. Many children will be happy & warm.

Thank you *Heritage Woods & Park Vista* for sponsoring door prizes & Snacks



## Chef's Corner - Food Coordinator, *Laura Wakefield*



**Members Only**  
**WEEKLY FOOD**  
**EVENTS HELD ON**  
**WEDNESDAYS**  
**\$6.00**

### JANUARY MENU

- 1/5 - Wisconsin Cheddar Cheese Soup
- 1/12 - Tacos
- 1/19 - Spaghetti
- 1/26 - Chili

### FEBRUARY MENU

- 2/2 - Potato Soup
- 2/9 - Chicken & Broccoli Bake
- 2/16 - Pork Chops
- 2/23 - Tomato Soup

## MOLINE TOWNSHIP ACTIVITY CENTER

# *The Messenger ~ Jan & Feb 2022*

*Business Hours: Mon - Fri ~ 8:30am - 4pm (309)-797-0789*

**The Art of Active Aging Starts Here!**

## From the Desk of Supervisor Bonnie Johnson



Bye - bye 2021 welcome to 2022 . I would like to thank everyone who donated to Townships "We Care" Program. We will continue taking donations through out the calendar year. If you would like a list of items in need, ask the MAC office staff. I have been making a few property improvements.

The parking spaces have been painted along with painted handicap images in selected spaces. We are installing cameras on the outside of the building for more security. We have been on a mission to declutter the building by removing items no longer in need or in bad shape. The MAC computer room & Township hall look great! We have bids on mud jacking in the spring for sidewalks in need of repair.

David Hendrickx, Moline Township Assessor of 20 years, officially retired on January 1, 2022. We wish David a happy retirement, he will be missed by many. I now welcome our new Assessor, Derek Devers who has been with us for the last year. Derek was voted in as Moline Township Assessor during the last election.

I know there has been much change so I leave you with this; *The secret to change is to focus all your energy not on fighting the old, but on building the new.*

Socrates

*Bonnie*

## HOLIDAY CLOSINGS

Monday, January 17th  
Martin Luther King Day

Friday, February 11th  
Lincoln's Birthday

Monday, February 21st  
Presidents Day

*The Messenger is brought to you by: Roxann Adamson, Director*

## **Moline Township Board**

Bonnie Johnson  
Supervisor

Theresa Oak  
Town Clerk

Derek Devers  
Assessor

### **Trustees:**

Mary Beth Loos  
Rand Wilson  
Staci Early