Monday	Tuesday	Wednesday	Thursday	Friday
All presentations for March & April are open To all MAC members and public  Held in Dining room	ANY QUESTIONS	Please read your Messenger for details on all upcoming events Thank you Roxann		1 9:30 – Exercise Class 12:30 – Pinochle 1:00 - Ping Pong Open Pool Table
9:30 – Exercise Class 10:30 – Line Dancing 12:30 – Pinochle 1:00 – Ping Pong	5 9:00 - 10:30 Fit & Strong 9:00 - Healthy Lifestyles 1:00 - Cribbage  Open Pool Table	9:30 – Exercise Class Noon – Tator Tot Casserole  12:30 – Euchre 1:00 – Ping Pong  Open Pool Table	7 9:00 - 10:30 Fit & Strong 12:30 -3:00 - Mahjong 1:00 - Bingo Sponsored by: St. Athony's / Dessert	8 Deadline to sign up for St. Patty's Luncheon & Park Vista Luncheon 9:30 – Exercise Class 11:00 – 12:30 – Ultra Beginners Line Dancing class 12:30 – Pinochle
Open Pool Table	12	13 9am – Foot Clinic	Open Pool Table	1:00 - Ping Pong 15
9:30 – Exercise Class 10:30 – Line Dancing 12:30 – Pinochle 1:00 – Ping Pong	9:00 - 10:30 Fit & Strong 9:00 - Healthy Lifestyles 10am - Presentation about Oak St. Health 1:00 - Cribbage  Open Pool Table	9:30 – Exercise Class Noon – St. Patty's Corn Beef & Cabbage SIGN UP ONLY 12:30 – Euchre 1:00 – Ping Pong  Open Pool Table	9:00 - 10:30 Fit & Strong 12:30 -3:00 - Mahjong Sponsored by: Park Vista / Dessert 1:00 - Bingo Sponsored by: Heritage Woods / Dessert Open Pool Table	9:30 – Exercise Class 12:30 – Pinochle 1:00 – Ping Pong
18	19	20	21	22
9:30 – Exercise Class  10:30 – Line Dancing  12:30 – Pinochle  1:00 – Ping Pong	9:00 - 10:30 Fit & Strong 9:00 - Healthy Lifestyle 1:00 - Cribbage	9:30 – Exercise Class  Noon – Turkey Club Sandwich & Sides  12:30 – Euchre 1:00 – Ping Pong	9:00 - 10:30 Fit & Strong 12:30 -3:00 - Mahjong 1:00 - Bingo Sponsored by: Overlook Village Dessert	9:30 – Exercise Class 12:30 – Pinochle 1:00 - Ping Pong
Open Pool Table	Open Pool Table	Open Pool Table	Open Pool Table	Open Pool Table
25 Pick an egg/win prize	26 pick an egg/win prize	27 Pick an egg/win prize	28 Pick an egg/win prize	29
9:30 – Exercise Class 10:30 – Line Dancing 12:30 – Pinochle 1:00 – Ping Pong	9:00 - 10:30 Fit & Strong 9:00 - Healthy Lifestyle 1:00 - Cribbage	9:30 – Exercise Class  Noon – Park Vista ~  Complimentary Lunch  Sign up only  12:30 – Euchre	9:00 - 10:30 Fit & Strong 12:30 -3:00 - Mahjong 1:00 - Bingo Sponsored by: Allure of Moline Dessert	Closed in Observance of Good Friday
Open Pool Table	Open Pool Table	1:00 - Ping Pong Open Pool Table	Open Pool Table	

## April 2024

PHONE: (309): 797-0789

Monday	Tuesday	Wednesday	Thursday	Friday
1 9:30 - Exercise 10:30 - Line Dancing 12:30 - Pinochle 1:00 - Ping Pong  Open Pool Table	2 9:00 - 10:30 - Fit & Strong 9:00 - Healthy Lifestyles 10:00 - Presentation Friends of Trinity volunteer services Open 1:00 - Cribbage & Pool table	3 9:30 – Exercise Class Noon – Grilled Hot Dog & Sides 12:30 – Euchre 1:00 - Ping Pong  Open Pool Table	4 9:00 - 10:30 Fit & Strong 12:30 -3:00 - Mahjong 1:00 - Bingo Sponsored by: St. Anthony's / Dessert  Open Pool Table	9:30 - Exercise Class 12:30 - Pinochle 1:00 - Ping Pong  Open Pool Table
8	9	10	11 NO BINGO	12 NO EXERCISE
9:30 - Exercise  10:30 - Line Dancing  12:30 - Pinochle  1:00 - Ping Pong  Open Pool Table	9:00 - 10:30 - Fit & Strong 9:00 - Healthy Lifestyles 1:00 - Cribbage	9:30 – Exercise Class  Noon – Meat Ball Stroganoff  12:30 – Euchre  1:00 - Ping Pong  Open Pool Table	9:00 - 10:30 Fit & Strong 12:30 -3:00 - Mahjong Sponsored by - Park Vista Dessert 1:00 - NO Bingo - Setting up for senior resource fair Open Pool Table	9:00 – 11:00 – Senior Resource Fair 12:30 – Pinochle 1:00 - Ping Pong Open Pool Table
15	16	17	18	19
9:30 - Exercise 10:30 - Line Dancing 12:30 - Pinochle 1:00 - Ping Pong	9:00 - 10:30 - Fit & Strong 9:00 - Healthy Lifestyles 10:00 - Presentation IL/IA Center for Indep. Living - Amplified phone program 1:00 - Cribbage Open Pool Table	9:30 – Exercise Class  Noon – Pork Chop Rice Bake  12:30 – Pinochle  1:00 - Ping Pong  Open Pool Table	9:00 - 10:30 Fit & Strong 12:30 -3:00 - Mahjong 1:00 - Bingo Sponsored by: Overlook Village Dessert  Open Pool Table	9:30 – Exercise Class 12:30 – Pinochle 1:00 - Ping Pong  Open Pool Table
Open Pool Table	•	·	•	•
9:30 - Exercise 10:30 - Line Dancing 12:30 - Pinochle 1:00 - Ping Pong	9:00 - 10:30 Fit & Strong 9:00 - Healthy Lifestyles 1:00 - Cribbage  Open Pool Table	9:30 – Exercise Class Noon – Chicken A la King 12:30 – Euchre 1:00 - Ping Pong  Open Pool Table	9:00 - 10:30 Fit & Strong 12:30 -3:00 - Mahjong 1:00 - Bingo Sponsored by: Allure of Moline Open Pool Table	9:30 - Exercise Class 12:30 - Pinochle 1:00 - Ping Pong  Open Pool Table
Open Pool Table	•		•	•
9:30 - Exercise 10:30 - Line Dancing 12:30 - Pinochle 1:00 - Ping Pong	9:00 - 10:30 Fit & Strong 9:00 - No Healthy Lifestyles 1:00 - Cribbage			
Open Pool Table	Open Pool Table			