## March 2023

PHONE (309): 797-0789

Monday	Tuesday	Wednesday	Thursday	Friday		
		1 9:30 – Exercise Class 11:00 – 11:45 Pickle Ball Workshop Noon – Spaghetti 12:30 – Euchre 1:00 - Ping Pong Pool Table Open	2 Noon – Bridge 12:30 -3:00 - Mahjong 1:00 – Bingo Sponsored by: Fort Armstrong / Dessert Pool Table Open	3 9:30 – Exercise Class w/ Senior Star / zoom – Ageless Grace 12:30 – Pinochle 1:00 - Ping Pong  Pool Table Open		
9:30 – Exercise Class 10:30 – Line Dancing 12:30 – Pinochle 1:00 – Ping Pong Pool Table Open	7 9:00 – Healthy Lifestyles 1:00 – Cribbage 1:00 - Scrabble Pool Table Open	8 9:30 – Exercise Class 11:00 – 11:45 Pickle Ball Workshop Noon – Tuna & Noodle 12:30 – Euchre 1:00 - Ping Pong Pool Table Open	9 Noon - Bridge 12:30 -3:00 - Mahjong 1:00 - Bingo Sponsored by: St. Anthony's / Prizes & Heritage Woods / Dessert Pool Table Open	10 Deadline to sign up for St. Patty's Luncheon 9:30 – Exercise Class 12:30 – Pinochle 1:00 - Ping Pong Pool Table Open		
9:30 – Exercise Class 10:30 – Line Dancing 12:30 – Pinochle 1:00 – Ping Pong  Pool Table Open	9:00 – Healthy Lifestyle 1:00 - Bunco 1:00 – Cribbage 1:00 – Scrabble  Pool Table Open	15 9:30 - Exercise Class 11:00 - 11:45 Pickle Ball Workshop Noon - St. Patty Luncheon Must be signed up 12:30 - Euchre 1:00 - Ping Pong Pool Table Open	16 10am - Bereavement Group Sponsored by: Promedica Noon - Bridge 12:30 -3:00 - Mahjong 1:00 - Bingo Sponsored by: Overlook Village / Dessert	9:30 – Exercise Class 12:30 – Pinochle 1:00 - Ping Pong  Pool Table Open		
9:30 – Exercise Class 10:30 – Line Dancing 12:30 – Pinochle 1:00 – Ping Pong  Pool Table Open	9:00 – Healthy Lifestyle 1:00 – Cribbage 1:00 - Scrabble  Pool Table Open	9:30 – Exercise Class 11:00 – 11:45 Pickle Ball Workshop Noon – No Bucks Bonnie Lunch ~ Sandwich & Chips 12:30 – Euchre 1:00 - Ping Pong	23 Noon – Bridge 12:30 -3:00 - Mahjong 1:00 – Bingo Sponsored by: Park Vista / Dessert  Pool Table Open	9:30 – Exercise Class 12:30 – Pinochle 1:00 - Ping Pong  Pool Table Open		
9:30 – Exercise Class 10:30 – Line Dancing 12:30 – Pinochle 1:00 – Ping Pong  Pool Table Open	9:00 – Healthy Lifestyle 1:00 – Cribbage 1:00 - Scrabble  Pool Table Open	29 9:30 – Exercise Class 11:00 – 11:45 Pickle Ball Workshop  Noon – Chili 12:30 – Euchre 1:00 - Ping Pong  Pool Table Open	30 Noon - Bridge 12:30 -3:00 - Mahjong 1:00 - Bingo Sponsored by: Crosstown Square Independent Living Prizes Pool Table Open	9:30 – Exercise Class 12:30 – Pinochle 1:00 - Ping Pong  Pool Table Open		

## **April** 2023

PHONE: (309): 797-0789

Monday	Tuesday	Wednesday	Thursday	Friday
9:30 - Exercise 10:30 - Line Dancing 12:30 - Pinochle 1:00 - Ping Pong  Pool Table Open	4 9:00 – MOB Class 9:00 – Healthy Lifestyle 1:00 – Cribbage 1:00 – Scrabble  Pool Table Open	5 9:30 – Exercise Class 11:00 – 11:45 Pickle Ball Workshop Noon – Baked Parmesan Tilapia w/rice & salad 12:30 – Euchre 1:00 - Ping Pong	6 9:00 - MOB Class Noon - Bridge 12:30 -3:00 - Mahjong 1:00 - Bingo Sponsored by: Fort Armstrong / Dessert  Pool Table Open	CLOSED  Cysod Friday  AMB 7th 2023
10 0:20 Eversies	11 9:00 – MOB Class	12 9:30 – Exercise Class	13 9:00 – MOB Class	14
9:30 - Exercise 10:30 – Line Dancing 12:30 – Pinochle 1:00 – Ping Pong	9:00 – Healthy Lifestyle 10:00 – Presentation from CenterWell – Fall Risks & Home Health 101 1:00 - Bunco	11:00 – 11:45 Pickle Ball Workshop Noon – Smoked Sausage Alfredo Pasta Bake 12:30 – Euchre	Noon – Bridge 12:30 -3:00 - Mahjong 1:00 – Bingo Sponsored by: St. Anthony's	9:30 – Exercise Class 12:30 – Pinochle 1:00 - Ping Pong
Pool Table Open	1:00 – Cribbage 1:00 - Scrabble	1:00 - Ping Pong Pool Table Open	Prizes & Heritage Woods / Dessert	Pool Table Open
9:30 - Exercise 10:30 - Line Dancing 12:30 - Pinochle 1:00 - Ping Pong	9:00 – MOB Class 9:00 – Healthy Lifestyle 1:00 – Cribbage 1:00 - Scrabble	19 9:30 – Exercise Class 11:00 – 11:45 Pickle Ball Workshop Noon – Meat Loaf 12:30 – Euchre	20 9:00 – MOB Class 10:00 – Bereavement Sponsored by: Promedica Noon – Bridge 12:30 -3:00 - Mahjong	9AM - Noon / Senior Resource Fair 12:30 - Pinochle
Pool Table Open	Pool Table Open	1:00 - Ping Pong Pool Table Open	NO Bingo – Setting up for SRF Pool Table Open	1:30 – Ping Pong Pool Table Open
<b>24</b> 9:30 - Exercise	<b>25</b> 9:00 – MOB Class	26 No ping pong or pickle ball 9:30 – Exercise Class	<b>27</b> 9:00 – MOB Class	28
10:30 – Line Dancing 12:30 – Pinochle 1:00 – Ping Pong	9:00 – MOB Class 9:00 – Healthy Lifestyle 1:00 – Cribbage 1:00 - Scrabble	Noon – Jewel Chicken w/sides  12:30 – Euchre 1:00 – 3:00 – Spring Fling	Noon – Bridge 12:30 -3:00 - Mahjong 1:00 – Bingo Sponsored by: Park Vista	9:30 – Exercise Class 12:30 – Pinochle 1:00 - Ping Pong
Pool Table Open	Pool Table Open	Dance / Johnston Hall \$5 Admission	Dessert Pool Table Open	Pool Table Open